

Menu for May 2024



TOLLAND HIGH SCHOOL

This institution is an equal opportunity provider. Menus are subject to change.

MEAL PRICES

**BREAKFAST - FREE
FOR ALL STUDENTS**

Served 6:45-7:15

**LUNCH-\$3.50
DELI LUNCH-\$4.00**

Free for all students
eligible for free OR
reduced priced meals

Available Daily

**Assorted Grab & Go Meals
Fresh Chicken Salad**

**Breaded Chicken Wraps
Yogurt Parfait Meals**

**Build Your Own Salad
at the deli
on Monday, Thursday,
or Friday**

**All Lunches Include:
Rainbow Fruit Tray
Rainbow Vegetable Tray**
**Students must select at least one fruit or
vegetable to make a complete meal**

**Ice Cold Flavored or
1% White Milk**

Ala carte milk is \$.75



Wednesday, May 1

Steak & Cheese Panini with
Potato Gems

Popcorn Chicken
with Grain Side

Max Sticks
with Sauce

Thursday, May 2

Pasta & Meat Sauce, Roll &
Parmesan Cheese

Chicken Nuggets
with Soft Pretzel

Pepperoni or
Cheese Pizza

Friday, May 3

Buffalo Chicken dip with
tortilla chips

Twisted breadsticks
with sauce

Bacon or cheese pizza

SCHOOL LUNCH HERO DAY

Monday, May 6

Walk'n Fritos
with Taco Beef, Cheese, Salsa &
Sour Cream

Hot Queso, Salsa & Tortilla
Chips

Buffalo Chicken
or Cheese Pizza

Tuesday, May 7

Chicken Tenders
with a Grain Side

Wild Mike's Bites
with Side of Sauce

Deluxe Chicken Sandwich

Wednesday, May 8

Cheeseburger with Special
Sauce & Potato Wedges

Corn Dogs with Dipping
Sauce

Max Sticks with Sauce

Thursday, May 9

Pasta & Meatballs, Roll &
Parmesan Cheese

Popcorn Chicken
with Grain Side

Pepperoni or
Cheese Pizza

Friday, May 10

Asian Dumpling
with fried rice

Twisted Breadsticks with
sauce

Bacon or Cheese Pizza

Celebrate School Lunch Hero Day May 3rd

Students - please thank your
servers for all the hard work
they do every day, providing
healthy and delicious meals
for our schools.

Monday, May 13

Chicken Patty with Cheese,
Lettuce, Tomato & Side of
Buffalo Ranch

Hot Queso, Salsa & Tortilla
Chips

Buffalo Chicken
or Cheese Pizza

Tuesday, May 14

Spicy Chicken
Patty

Wild Mike's Bites
with Side of Sauce

Deluxe Chicken Sandwich

Wednesday, May 15

EARLY RELEASE

Egg, Sausage & Cheese Bagel
with Hash Browns

Chilaquiles
with Hash Browns

Yogurt Parfait

Thursday, May 16

Pasta & Meat Sauce, Roll &
Parmesan Cheese

Chicken Nuggets
with Soft Pretzel

Pepperoni or
Cheese Pizza

Friday, May 17

General Tso's Chicken
with Rice

Twisted Breadsticks
with Sauce

Bacon or
Cheese Pizza



Breakfast Menu- Served

6:45-7:15

**FREE FOR ALL
STUDENTS**

Students must select at least
three out of four food items
offered including
one fruit or fruit juice.

TYPICAL CHOICES LISTED BELOW

Milk ~ Choice of one serving of either
low fat white, or nonfat flavored milk.

Fruit ~ May take one fruit juice and one
fruit or two fruits but must select at least
one or the other. Choices include 100%
fruit juice, fresh, cupped, or dried fruit.

Bread/Grains ~ Whole grain
bagel, assorted whole grain
cereal, cereal bars, whole grain
muffins and breads, breakfast buns,
waffles, pancakes or French toast when
available.

Protein Choices ~ Eggs, cheese sticks,
yogurt, sunflower seeds, breakfast pizza.

Monday, May 20

Chicken Patty with Cheese,
Lettuce, Tomato & Side of
Buffalo Ranch

Hot Queso, Salsa & Tortilla
Chips

Buffalo Chicken
or Cheese Pizza

Tuesday, May 21

Spicy Chicken
Patty

Wild Mike's Bites
with Side of Sauce

Deluxe Chicken Sandwich

Wednesday, May 22

Chili with Beans
with side of cornbread,
cheese & Sour Cream

Chicken Tenders
with Grain Side

Max Sticks with Sauce

Thursday, May 23

Pasta & Meatballs, Roll &
Parmesan Cheese

Popcorn Chicken
with Grain Side

Pepperoni or
Cheese Pizza

Friday, May 24

Buffalo Chicken dip with
tortilla chips

Twisted breadsticks with
sauce

Bacon or cheese pizza

Monday, May 27



Tuesday, May 28

Chicken Tenders
with Grain Side

Wild Mike's Bites
with Side of Sauce

Deluxe Chicken Sandwich

Wednesday, May 29

Cheeseburger with Special
Sauce & Potato Wedges

Corn Dogs with Dipping
Sauce

Max Sticks with Sauce

Thursday, May 30

Pasta & Meat Sauce, Roll &
Parmesan Cheese

Chicken Nuggets
with Soft Pretzel

Pepperoni or
Cheese Pizza

Friday, May 31

Asian Dumpling
with fried rice

Twisted Breadsticks with
sauce

Bacon or Cheese Pizza